

Woodbridge XC Classic Athlete Selection Criteria and Timeline

Want to go to California?

Want to know how you can better your chances of being selected?

Athletes will be chosen to attend the Woodbridge XC Classic based on the following Criteria:

1. Combination of the Time Trial and Hoya 2 Mile race results.

2. Summer Mileage

- a. Are you running your plan?
- b. Are you on pace to be able to work out?
- c. Are you logging your mileage on Final Surge prior to the deadlines?
- d. Mileage Group athletes will not be considered for the trip.

3. Summer Participation in the Tuesday CARL's

There will not be a 5k race prior to final selection. So, your participation in the Summer CARLs will go a long way in determining your fitness and position on the team.

4. Academic Standing

- a. Athletes that are failing any classes will not be allowed to attend the trip, regardless of an invitation being extended.
- b. Contact from a teacher regarding concern for lack of academic progress will be considered as a reason to not be invited or an invitation being revoked.

5. School/Team/Family Discipline Issues

- a. Any athlete who gets suspended (OSS or ISS) will not be all allowed to attend the trip, regardless of an invitation being extended.
- b. Any athlete who is on Race Probation within the team, will not be all allowed to attend the trip, regardless of an invitation being extended.
- c. Contact from a teacher regarding classroom behavior issues may eliminate the athlete from receiving an invitation or attending the trip if an invitation has already been extended.
- d. Parents may remove their athlete from consideration from attending the trip, regardless of an invitation being extended.

6. Health of the Athlete

If the athlete is unable to race in California, the athlete will not be allowed to attend the trip, regardless of an invitation being extended.

Athlete Invitation Timeline (12 Girls & 12 Boys)

- June 12th – Athletes that RAN at State XC received an invitation
 - Can be revoked based on the above criteria
 - 5 Boys & 5 Girls
- Aug 9th – Day after the Team Time Trial
 - 2-3 more of each Gender will receive an invitation
 - Can be revoked based on the above criteria
- Aug 17th – Day after the Hoya 2 Mile Inv
 - Remaining spots will be filled
 - Can be revoked based on the above criteria

This trip is Fully Approved by the Cobb County School District.